

The Quarterly Newsletter for the Citizens of High Bridge

# THE BRIDGE

Volume LXXV

Fall/Winter 2009/2010

Mailing Date November 1, 2009

## A Message from Our Mayor



Photo by Diane Dugan

Streetscape Ground-Breaking Ceremony August 21, 2009: Through federal funding, High Bridge has continued to revitalize our downtown district bringing in new business while beautifying our Main Street; it will continue with many more fabulous projects.

*From left to right: Environmental Committee Chairwoman Lynn Hughes; Borough Administrator Doug Walker; Councilwoman Mary Murdock; Former Economic Development Chairman Vinnie Schweikert; Mayor Mark Desire; High Bridge Business Owner Joseph Dispenza; High Bridge Business Owner John Hickson; Councilman Dean Rapp.*

**A**s we move into this Holiday Season and prepare for winter, we continue our efforts to make improvements to the Borough's infrastructure. We remain cognizant of the need to control spending while continuing the drive to keep our Borough safe and running. We were successful in 2009 as the Borough experienced a zero increase in municipal taxes while completing many important projects. This has been a successful year to repair roads in our Borough.

Phase I of the Streetscape Project is nearing completion. We wish to again thank those who assisted in obtaining the grant as well as those who helped shepherd the grant through its final stages, thus making the concept a reality. This is a positive step in the Borough's efforts to revitalize the downtown/business district. There is more to come as several Main Street business owners are currently working with the Borough to refurbish their properties while others are exploring creating new buildings and opportunities. Bringing tax ratables into our Borough that fit our small town atmosphere is the goal.

One of the roads most asked about these past few years has been Arch Street. At last we will have a new Arch Street with work to be undertaken this year. With the assistance of a NJDOT Grant in the amount of \$170,000, the Borough will begin the rebuilding of this heavily-traveled road. The major issue that held up construction was environmental.

*(continued on page 7)*

## Contents

2010 High Bridge Youth Basketball Registration . . . . .	23	High Bridge Women's Group . . . . .	19
2010 Solid Waste Info. . . . .	3	Hunting Awareness . . . . .	6
A Message from Our Mayor . . . . .	1	"It's a Wonderful Life" Radio Production Information . . . . .	15
Automatic Withdrawal for Taxes & Utilities . . . . .	12	Keeping Hearts Healthy is the New Role of Navigator at HMC15	
Battery Recycling . . . . .	10	Library News . . . . .	18
Business Spotlight: Clock Doc's Hour Gallery . . . . .	12	News from St. Joseph's Roman Catholic Church . . . . .	9
Calendar: December 2009 & January 2010. . . . .	5	News & Notes from High Bridge Schools . . . . .	16
Calendar: November 2009. . . . .	4	Police Department . . . . .	6
"Caught Being Green". . . . .	27	Property Tax & Utility Reminders . . . . .	10
Christmas Tree Lighting . . . . .	14	Recycling Information . . . . .	4
Christmas Tree Pickup . . . . .	4	Recycling Schedule . . . . .	3
Clean Communities Grant . . . . .	18	Santa's Mailbox . . . . .	19
Cookies with Santa - December 5, 2009 . . . . .	19	Senior Corner . . . . .	27
Deal with Icy Areas . . . . .	10	Spring Electronics Recycling . . . . .	16
Dog License Information & Application Form . . . . .	24	Thank You from C&H Committee . . . . .	16
Emergency Management . . . . .	20	Transfer Station Recycling. . . . .	17
Fall Brush Collection . . . . .	2	Trash Collection . . . . .	4
Fall Leaf Collection . . . . .	2	Truss Bridge Restoration Photos . . . . .	14
Fire Department . . . . .	11	Union Forge Heritage Association (UFHA). . . . .	13
Gingerbread House Display . . . . .	18	Veterans Day Ceremony . . . . .	12
Girl Scouts . . . . .	25	Volunteers Needed to Measure Rain and Snow in Our Area . . . . .	6
High Bridge Business Association (HBBA) . . . . .	21	Who Is This Buddy Adler Anyway? . . . . .	26
High Bridge Reformed Church . . . . .	11	Wildlife Habitat Project . . . . .	27

## This Issue's Advertisers

A&L Pools . . . . .	17	High Bridge Pilates & Yoga . . . . .	25
Batch Building & Remodeling, Inc. . . . .	8	Hunterdon Business Services, LLC . . . . .	27
Canine Companion PLUS. . . . .	24	Hunterdon Healthcare System . . . . .	22
Computer Services . . . . .	24	Joyce Lindabery, Weichert Realtors . . . . .	19
Cregar's Garage . . . . .	17	KP Electrical Contractor . . . . .	17
Dispenza Financial Investment & Insurance Services . . . . .	9	Naughtright-Scarponi Funeral Home. . . . .	17
Eileen Wallace, Weichert Realtors . . . . .	21	Pamper Yourself Silly . . . . .	7
Fitzgerald Architecture Studio . . . . .	19	Reflections Hair Salon . . . . .	11
Handyman Andy . . . . .	10	Ripley's Chiropractic . . . . .	10
High Bridge Business Association . . . . .	14		

## Fall Brush Collection

Week of November 16

Brush is not to be placed in the roadway. Please place brush at the edge of the lawn as per Storm Water Management Regulations. Brush must be ready for pickup the Sunday before the collection begins. Do not place leaves or other yard debris on the brush as it will not be removed.

Please have the cut ends of the brush facing the street. Once we have passed your residence, we will not pickup anything until the next collection date.

## Fall Leaf Collection

October 5 through December 4



Leaves are not to be placed in the roadway. Please place leaves at the edge of the lawn per Storm Water Management Regulations. EXCEPTION: Residents and/or businesses on the following roads MUST PLACE ALL LEAVES IN BAGS: County Route 513, Cregar Road (from Hilltop Deli to Cregar Road bridge), Hart Street, Union Avenue, Central Avenue, and all of Center Street. DO NOT PLACE BRUSH OR ANY OTHER YARD DEBRIS IN THE PILE AS IT WILL NOT BE REMOVED.

Please note: Any resident wishing to take their brush and/or leaves to the Commons Park where the Department of Public Works piles up the items may do so at any time during the year.  
NO trash or garbage *please*.

## Recycling Schedule

November 13 and 27

December 11 and 24 \*

January 8 and 22

\* Note date change due to the holiday on December 25!

For additional information on recycling, please refer to pages 4, 10, 16, and 17.

PLEASE CHECK YOUR  
2010 SOLID WASTE  
STICKERS ENVELOPE!  
IT CONTAINS YOUR  
NOVEMBER 2009 UTILITY  
BILL!

## IMPORTANT

### TRASH/RECYCLING NOTICE

Christmas and New Year's Day fall on Fridays this year. Garbage and recycling will not be picked up on 12/25; it will be picked up 12/24. Garbage will not be picked up on 1/1; it will be picked up on 12/31! Pickup for both 12/24 and 12/31 will begin at 6:00 a.m.

## 2010 Solid Waste Info

The State Department of Environmental Protection has mandated that the counties boost their recycling efforts to reach a 50% recycling rate. Municipalities, who have the ultimate responsibility for recycling, have also been mandated to increase their efforts to meet this goal. We are asking all residents to help the Borough reduce the amount of recyclable items that enter the solid waste stream.

In addition to helping us to meet the new, mandated recycling goals, you will be helping the environment and ultimately reduce the amount the Borough spends for trash removal. Did you know we are eligible for State recycling grants based on the amount of our annual recycling tonnage?

Curbside recycling is a service our Borough provides for its residents. Please take advantage of this service. Recycling does make a difference in our environment. To make recycling as convenient as possible, we have curbside collection every other Friday. We also list the recycling dates in the front of each newsletter and on our Borough's website. Please take a few minutes to copy the dates on your monthly calendar as a reminder.

Place recycling out the night before your pick-up day. Occasionally our collector encounters difficulties and cannot complete the collection by the end of the day. If the collector hasn't been to your street, leave your materials curbside and they should be by the very next day to pick it up.

In an effort to comply with the State-mandated 50% recycling rate, the Mayor and 2009 Council implemented a garbage sticker program to encourage more recycling (Ord. #2009-23). Each sticker can be used for 34 gallons or 50 pounds of garbage. This year we are sending 104 stickers to be used for your 2010 trash removal - enough stickers for two bags a week. These are not dated so that "extra" stickers can be used for the following year. Upcoming "Special" Recycling events will be reported in this newsletter.

Every bag of garbage must have a sticker on it. If you use garbage cans, place the sticker on the top bag or item in the can so it is plainly visible when the lid is removed by the collector. For cleanup items, use one sticker for each 50 pounds of weight.

Additional stickers may be purchased at the Borough Hall Monday through Friday from 9:00 a.m. to 4:00 p.m. at a cost of \$2.00 each.

LANDLORDS: Please distribute the stickers to your tenants in a timely fashion and advise your tenants of the regulations. Failure of your tenants to utilize stickers will lead to their trash not being removed.

Please be reminded property owners are subject to fines for failure to comply with Ord. #2009-23.

Real Estate Closings: Please note that SOLID WASTE STICKERS become a closing item. Two stickers for each remaining week of the year should be turned over to the new owner at time of closing or equivalent monies.

Please contact the Municipal Clerk at 908-638-6455 x 22 should you have any questions.

*Your anticipated participation in the Borough's recycling efforts is appreciated.*

# Recycling Information

Newspapers, magazines, junk mail, and cardboard are collected. Cross tie newspapers, magazines, junk mail and flattened cardboard into bundles 8 - 12 inches high. The bundles should be placed next to your recycling container for collection. **No pizza boxes please.**

Commingled items that include glass of all colors, aluminum, tin, and plastics (#s 1 - 7 any size and any shape) are also collected. These items do not have to be separated and can be mixed in open containers of your choice. Please rinse out containers and remove the lids; labels may remain. *These commingled items may be put out in clear plastic bags, but the bags must be clear.*

Items **not** accepted for recycling: aluminum pie plates, ceramic cups, drinking glasses, flower pots, light bulbs, mirror and window glass, oil jugs, plastic bags, scrap metal, and Styrofoam [for recycling of Styrofoam, see below.]

Place recycling out the night before your pick-up day. Collection begins early in the morning. If your recycling is put out late and you find the truck has gone by, do not leave it at the curb; please bring it back into your yard. It will not be picked up until the next scheduled pick-up day.

\*\*\*\*\*STYROFOAM RECYCLING\*\*\*\*\*

Don't waste your garbage stickers on throwing away unwanted Styrofoam, because you can easily recycle it at the UPS Store in the Grayrock's Shopping Center.

UPS takes any kind of Styrofoam, including the solid packing that encases newly-purchased items in their boxes as well as Styrofoam coolers, Styrofoam peanuts, and so forth. As long as it's not dirty or "beat up," you can bring this material to the store; simply leave it at the front desk or in the corner. UPS itself reuses most of the Styrofoam to mail out its packages.

UPS is located at 1802 Route 31 North (next to the Bagelsmith and the dry cleaners). The hours are Monday to Friday 8:00 a.m. to 6:30 p.m. and Saturday 9 a.m. to 3:00 p.m. Sundays the store is closed.

For info: 638-3500; website store4525@theupsstore.com.

# Trash Collection

Trash is picked up on Tuesdays or Fridays and your area is scheduled for one of the two pick-up days. If you are unsure of your collection day, please call the Borough Hall at 638-6455.

\*\*\*\*\*

**\*\*\*SOLID WASTE STICKERS\*\*\***

*Every* bag of garbage must have a Borough of High Bridge Solid Waste sticker on it. Each sticker can be used for 34 gallons or 50 pounds of garbage. If you use garbage cans, place the sticker on the top item in the can so it is plainly visible when the lid is removed by the collector.

For cleanup items, use one sticker for each 50 pounds of weight.

\*\*\*\*\*

You may place your trash out the night before as collection begins early in the morning. All trash receptacles should be brought back into your yard by the end of the collection day.

See the 2010 Sticker Trash article on page 3 of this newsletter.

# Christmas Tree Pickup

Christmas trees will be picked up on a daily basis until the second week in February 2010.

*Thank you for making an effort to recycle!*

Any questions or concerns about recycling or trash should be directed to Borough Hall. Also, be sure to visit the Borough's website at [www.highbridge.org](http://www.highbridge.org) for further information about the Borough's trash and recycling services.

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
<b>November 2009</b>	1 Property Taxes Due	2	3	4	5	6	7 11:00 a.m. Veterans Day Ceremony Veterans Park	
	8	9	10	11 Veterans Day Borough Hall Closed	12 7:30 p.m. Council Meeting HB Fire House	13 Recycling	14	
	15	16	17	18	19	20	21	
	← Fall Brush Collection (last brush pickup till Spring) →							
	22	23	24	25 Utilities Due	26 Thanksgiving Day Borough Hall Closed	27 Recycling Borough Hall Closed	28 Santa's Mailbox Becomes Available	
29	30		Leaf Collection in progress all month.					

# Calendar: December 2009 & January 2010

December 2009	Sun	Mon	Tues	Wed	Thurs	Fri	Sat *
			1	2	3	4 Leaf Collection ends.	5 * For a list of events, see below!
	2:00 p.m. <b>6</b> <i>It's a Wonderful Life</i> : Solitude Museum	7	8	9	10 7:30 p.m. Council Meeting HB Fire House	11 Recycling	12
	13	14	15	16	17	18 Last Day Santa's Mailbox is Available	19
	20	21	22	23	24 Recycling Garbage (if your pick-up day is normally Friday)	25 Christmas Day <i>Borough Hall Closed</i> No Garbage or Recycling	26
	27	28	29	30	31 Garbage (if your pick-up day is normally Friday)		

\* December 5 Events:

1:00 to 3:00 p.m.  
2:00 and 7:00 p.m.  
6:00 p.m.

Cookies with Santa at Borough Hall; Gingerbread Houses on Display in front of High Bridge Library  
*It's a Wonderful Life*: Solitude Museum  
Tree Lighting Ceremony, Main Street, High Bridge

January 2010	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
	31	Christmas tree pick-up on a daily basis until the second week in February.					1 New Year's Day <i>Borough Hall Closed</i> No Garbage	2
	3	4	5	6	7	8 Recycling	9	
	10	11	12	13	14	15	16	
	17	18	19	20	21	22 Recycling	23	
	24	25	26	27	28	29	30	

January Council Meeting dates are not noted, because the 2010 dates are set at a reorg meeting scheduled to be held after this newsletter's publication. Please check the Borough's website ([www.highbridge.org](http://www.highbridge.org)) for 2010 Council Meeting dates.

# Volunteers Needed to Measure Rain and Snow in Our Area

The Community Collaborative Rain, Hail, and Snow Network (CoCoRaHS) is looking for volunteer weather observers in High Bridge. CoCoRaHS, a nationwide volunteer precipitation-observing network, welcomed NJ into the program in early 2008. The rapidly-expanding, precipitation-monitoring program now has more than 10,000 active volunteer observers in 49 states and well over 100 in NJ. Based out of the Office of the NJ State Climatologist at Rutgers University, NJ CoCoRaHS is looking to enlist volunteers from High Bridge to take a few minutes to report the amount of rain or snow that has fallen in their backyards each day. All that is required to participate is a 4" diameter plastic rain gage, a ruler to measure snow, an internet-connected computer, and most importantly, the desire to watch and report weather conditions.

Observations from CoCoRaHS volunteers are widely used by scientists and agencies whose decisions depend on timely and high-quality precipitation data. For example, hydrologists and meteorologist use the data to warn about the potential impacts of flood and drought.

CoCoRaHS volunteers are asked to read their rain gage or measure any snowfall at the same time each day (preferably between 5 and 9 a.m.). Measurements are then entered by the observer on the CoCoRaHS website where they can be viewed in tables and maps. Training is provided for CoCoRaHS observers, either through online training modules or preferably in group training sessions that are held at different locations around NJ.

Anyone interested in signing up or learning more about the program can visit the CoCoRaHS website at <http://www.cocorahs.org>.

For more information, contact the NJ CoCoRaHS state coordinators:

Dr. David Robinson, Rutgers University, [drobins@rci.rutgers.edu](mailto:drobins@rci.rutgers.edu), 732-445-4741

Mr. Mathieu Gerbush, Rutgers University, [njcocorahs@climate.rutgers.edu](mailto:njcocorahs@climate.rutgers.edu), 732-445-3076

## Police Department

### Community Day

In creating Community Day the goal was simple: bring residents together without charging for the event. Keeping the event free to all can be quite the challenge; however there are dedicated supporters that have continued to make this possible. Most importantly Community Day would not function without the assistance of our volunteers, which range from local organizations, elected officials, family and friends. We thank everyone that assisted and showed their support.

### Procedures for Fingerprinting

Procedures for fingerprinting and background checks for coaching, employment, etc., have changed. Residents are directed to go to [www.njsp.org](http://www.njsp.org) and select the services tab. There is a section for obtaining a background check where you can download the necessary form(s) and schedule an appointment for fingerprinting.

Applications for Firearms Identification Cards and Permits to Purchase Handguns continue to be available at Police Headquarters. If anyone has questions, contact Police Headquarters at (908) 638-6500 and speak with an Officer who can further assist you.

\*\*\*ATTENTION RESIDENTS\*\*\*

Borough Ordinance 184-18; Designation of snow emergency no-parking areas: No person shall be parked on either side of any street(s) or parts thereof from November 15th through April 1st, with the exception of Church Street between Fairview Avenue and Taylor Street. Those parking in the Church Street area between Fairview Avenue and Taylor Street will be required to obtain a parking permit.

*Sincerely,  
Brett Bartman, Chief of Police*

## Hunting Awareness

The Environmental Commission would like to remind everyone that hunting season began in September. While New Jersey has an extremely low incidence of hunting-related accidents, please keep in mind that High Bridge has open space properties in which hunting is a permitted activity. To check on the exact locations, please phone Borough Hall (908/638-6455).

Deer hunting season will run from September through February.

Sunday bow hunting for deer is now legal on Wildlife Management Areas and on private property ONLY. The legislative change does NOT include any firearm hunting for deer nor does it allow any type of hunting with either bow or firearm for any species other than deer.

The Spring 2010 Wild Turkey hunting season will last for approximately six weeks beginning in April.

The 2009-2010 hunting dates, rules and regulations will be summarized in the New Jersey Fish & Wildlife Digest, which will be available at local sporting shops including Sportsman's Rendezvous, 174 Highway 31, Flemington (908-788-5828).

For a complete listing of all New Jersey hunting rules and regulations, please refer to the New Jersey Fish & Wildlife website: <http://njfishandwildlife.com>.

*High Bridge Environmental Commission*

# A Message from Our Mayor

(continued from front cover)

The street comes very close to the South Branch of the Raritan River and the Department of Environmental Protection wanted to make sure the construction took this into account. In fact, during large rainfalls Arch Street becomes a river in itself.

The River Road reconstruction project, again with the assistance of \$200,000 in the form of a NJDOT grant, is also nearing completion. River Road represented an unsafe condition for many years. This project was a priority as the road is utilized by hikers, school buses and commuters alike.

The poor condition of Buffalo Hollow Road has been addressed through a method known as tar and chip. This approach is applicable for the Borough's less heavily-traveled, rural roads. A cost-effective, positive result was achieved.

This past summer we witnessed rainstorms the likes of which had not been seen in a hundred years. Many homeowners and businesses experienced flooding and massive damage. Our High Bridge Fire Department immediately went into action and worked in the manner consistent with their highest traditions, tirelessly working to evacuate and pump water out of many homes. High Bridge, along with the County, applied for help for these residents. East Main, Cregar and Washington were but a few streets that felt the brunt of Mother Nature and poor drainage. We have been working with the residents to do our best to make sure this doesn't happen again no matter what size storm comes our way. Some of these roads require reconstruction and installation of better storm basins, while others require rerouting of water completely. The Department of Public Works has been busy addressing these basins and has also done an excellent job of patching many areas of those roadways requiring immediate attention.

I am happy to report that High Bridge has just received funding in support of the reconstruction of Cregar Road. We recently learned the Borough was successful in obtaining a \$100,000 NJDOT grant. Because of the scope of the project, the reconstruction will be addressed in sections. The Borough will look to begin section one of the project in the fall of 2010. The reconstruction of Cregar Road will include improvements to and expansion of the existing storm water management systems. Cregar was the second most criticized road in our Borough. I am happy to get this project underway.

We will continue our efforts to improve the conditions within the Borough. By always doing so with an eye toward reducing costs, we prove that government doesn't have to be big to be successful.

The Holiday Season is a wonderful time of year to experience the small town charm of High Bridge. Happy Holidays from your High Bridge Mayor and Council; we wish you and your families a safe and happy New Year.

**Holiday Gift Certificates Now Available**

**80% of Your Energy and Vitality is Lost Due to Stress...**  
*Energy Massage Restores and Revitalizes What Today's Fast-Paced, Over-Stimulating, Rapidly-Changing World Takes From You.*

**Pamper Yourself Silly**  
Located at Ripley Chiropractic  
35 Main Street ~ High Bridge

**Call Meryl**  
At 908-303-4217  
to schedule your appointment

*Energy Massage is massage reinvented for the times in which we live. It strengthens the integration of body, mind and spirit, leading not only to a focus on healing, but also to achieving greater well-being, peace and passion for life. Combining carefully-chosen and skillfully-executed techniques of organic massage and bodywork, reflexology, energy medicine, breathing, education and instruction, this is massage with true healing power.*

You are invited to experience the astounding difference healing and helping touch can make in your life. Present this ad and receive \$15.00 off your first one-hour massage. Regularly priced at \$75.00, but now only \$60.00. Offer expires 01/15/10.

# Additions :: Remodeling Kitchens :: Baths

*excellence in craftsmanship :: pride in work :: exceeding expectations*

- ▶ upfront consultation  
*preliminary design*  
*project scope*
- ▶ complete & comprehensive  
*general contracting start to finish*
- ▶ dedicated craftsmen;  
long-term employees
- ▶ pride in being on schedule  
and on budget

Awards:

*Best Residential Remodeling Project*  
*Best Single Lot New Home*  
*Best Commercial Remodeling Project*

*turning your  
remodeling dreams into reality*

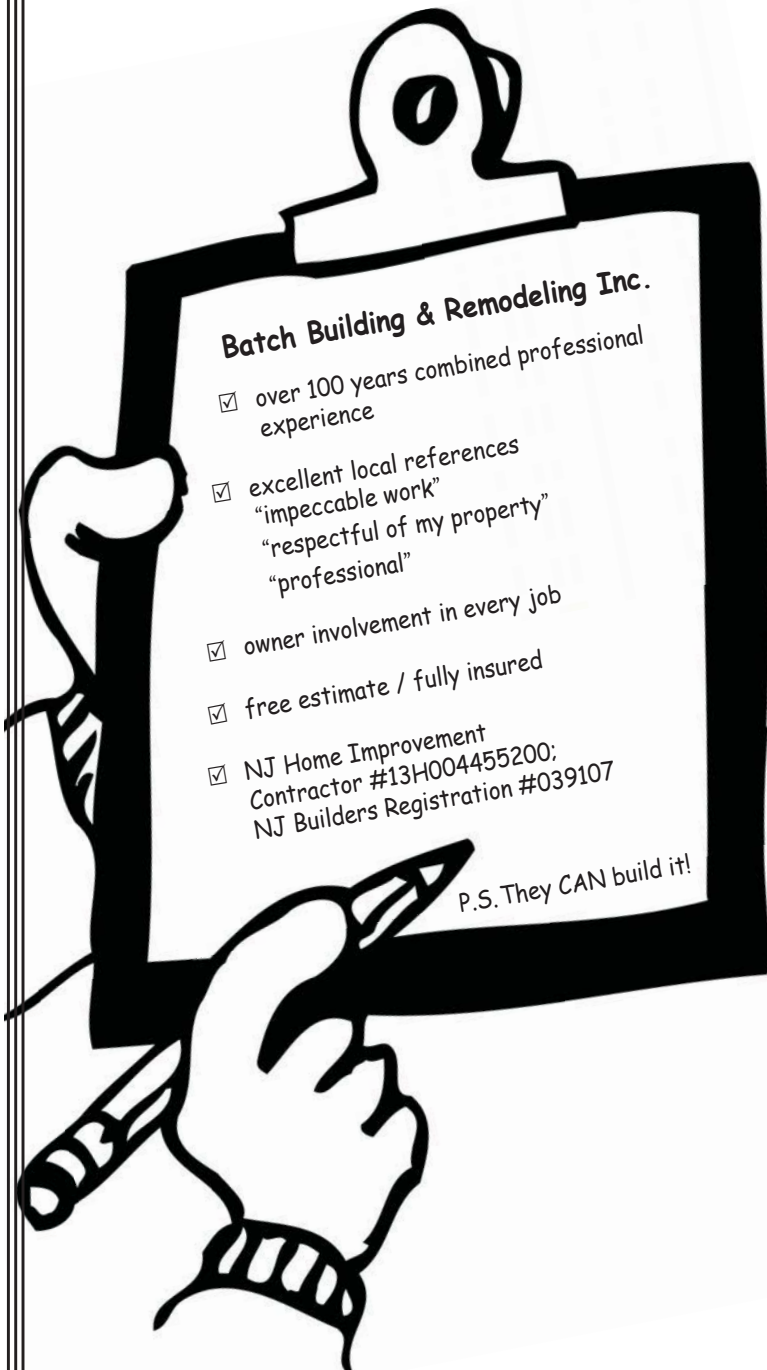
We CAN build it!

**Batch**  
**BUILDING** **B**  
& REMODELING, INC.

[www.BatchBuilding.com](http://www.BatchBuilding.com)

**908.638.5006**

2 Driftway Dr., High Bridge, NJ 08829



# News from St. Joseph's Roman Catholic Church

*A small country church with a big country heart.*

## Hospitality

The Hospitality Committee is active at St. Joseph's Church from September to June hosting or co-hosting various parish functions, usually on the second Sunday of the month. On December 13, we will have our annual Cookie Fest. All parishioners are invited to bring their favorite Christmas treat and, if they wish, share their recipe. Additional refreshments are provided by the Church. On January 10, Hospitality and the Knights of Columbus will co-host a Parish Breakfast for parishioners after all Sunday masses. The Knights give of their talents in cooking pancakes, French toast, bacon, sausage, eggs, etc., while the ladies of the Hospitality Committee graciously act as hostesses, serving and giving words of encouragement. It becomes a great "team" effort! February 14 will be Hospitality Sunday in honor of St. Valentine. Of course, one can guess what the theme will be that day!

Regardless of the month or the occasion, the goal of the Hospitality Committee is to bring the parishioners of St. Joseph's Church together in a social atmosphere to get to know one another, thus enforcing our mission of being a small country parish with a big country heart! *[Fran Rapp, Hospitality Chairperson]*

## Last Call for 2009

St. Joseph Church began Adult CCD classes in October. Any person wishing to complete the Sacraments of Initiation (Baptism, Communion, Confirmation) or become a Catholic should contact Mr. Bruce Teeling at 908-730-7538. The classes conclude in April 2010. *[Bruce Teeling]*

## Respect for Life

On January 22, 2010, members of the Respect Life Committee and parishioners of St Joseph's Church will go with other people from Hunterdon County to Washington, D.C. They will participate with 100,000 people from all across the country in the annual March for Life. This event has been organized for almost 40 years and is being held to protest the 1973 U.S. Supreme Court decision - Roe vs. Wade. The march starts at the mall and ends at the Supreme Court Building. Please consider joining us. For more information, call Fred Loozen at 908-638-6740. *[Fred Loozen]*

# OKAY. NOW WHAT?

Do recent economic events have you concerned about your future, and your clients? Join a successful team that is backed by the strength and stability of LPL Financial, the largest independent broker/dealer in the nation.\*

If you hold securities registrations and/or insurance licenses, we'd like to meet with you about joining Dispenza Financial. You'll have what you need to serve your clients better and help provide you a better life. Please call our office for more information.

\* Based on total revenues,  
Financial Planning magazine,  
June 1996-2009

**Dispenza**  
**Financial**  
Investments &  
Insurance Services

**38 Main Street**  
**High Bridge, NJ 08829**  
**Toll Free (877) 638-6556**  
**[www.DispenzaFinancial.com](http://www.DispenzaFinancial.com)**

Securities offered through LPL Financial  
Member FINRA/SIPC

## REMINDER: Taxes & Utilities Due

BOROUGH OF HIGH BRIDGE  
FOURTH QUARTER TAXES  
DUE NOVEMBER 1, 2009

TEN-DAY GRACE PERIOD UNTIL NOVEMBER 10, 2009

FOURTH QUARTER UTILITIES  
DUE NOVEMBER 25, 2009

### OFFICE HOURS

9:00 a.m. - 4:00 p.m. Monday - Friday

YOU CAN BRING OR MAIL PAYMENTS WITH STUBS TO  
TD BANK

87 BEAVER AVENUE  
CLINTON, NJ 08809

PLEASE UPDATE YOUR RECORDS!!!  
PAYMENTS WILL NO LONGER BE ACCEPTED AT THE  
NEWARK ADDRESS.

IF YOU ARE SENDING YOUR PAYMENT WITHOUT  
A STUB OR AFTER THE DEADLINE, PLEASE MAIL IT  
TO:

BOROUGH HALL  
71 MAIN STREET  
HIGH BRIDGE, NJ 08829

## Deal with Icy Areas

An environmental consideration in winter is the use of ice-melting substances. Salt is corrosive and kills trees. Calcium chloride is easier on nearby vegetation than salt.

One way to reduce the need for de-icing chemicals is to fix any ice-creating drainage problems before winter begins. For example, patch the gutter that leaks onto the front steps or redirect downspouts away from walkways. If you can't achieve necessary safety levels by shoveling early and often or by having someone do it for you, use de-icing products only as directed.

*More isn't better!* Whatever you do, make sure you sweep it up once the surface is clear.

*Lynn Hughes, Chair  
High Bridge Environmental Commission*

## Battery Recycling

Location: 26 West Main Street

High Bridge participates in the County's battery collection program. Collection drums are located at the Department of Public Works Garage on West Main Street. The blue drums are just inside the gate in the brown shed on the left. Please remove household batteries from the solid waste stream! (Note: no car batteries!) Thank you.

# HANDYMAN

Any around-the-house work at low cost



## FREE ESTIMATES

Available nights and weekends

Call Andy

# 908-399-2452

"Experience Well Being"

# ORGANIC HEALTHCARE

Promoting Self  
Healing & Balance



Family Chiropractic  
Spinal Decompression  
Health Coaching  
Vibrational Medicine  
Holistic Guidance  
Stress Adaptation

## Barrett W. Ripley, DC, CHC

35 Main St. \* High Bridge \* 638-0025

[organichealthcare@yahoo.com](mailto:organichealthcare@yahoo.com)

## Fire Department

### Prepare for Winter

With wintry weather upon us, we ask that if there is a fire hydrant near your business or residence, please keep it clear in case of a fire emergency. Make sure your heating system, chimney and wood-burning stove are ready for the heating season. Remember to check the batteries in your smoke and carbon monoxide detectors. Protecting your family from fire requires advanced planning for what to do if fire strikes. In October, the Fire Department participated in Fire Prevention Week at the schools. The response of our children was great to see.

### Thank you!

We would like to thank you, the residents of High Bridge, for your generous donations to our fundraisers. Your donations will be put to good use providing us with some of the necessary equipment and training we need to serve our community. The High Bridge Fire Department deeply appreciates the continued support of the residents of High Bridge.

### Fire Department Volunteers

The High Bridge Fire Department is an all-volunteer membership. We currently have 39 active members. Anyone interested in joining the High Bridge Fire Department is welcome to stop by any Monday night and discuss how you can help High Bridge and the surrounding communities. You can also contact the firehouse at 908-638-6383 or visit our website at [www.highbridgefire.org](http://www.highbridgefire.org).

*Jim Dietz*

## Reflections Hair Salon

*A Full Service Salon*

*Serving Men, Women & Children*

OPEN WEDNESDAY THRU SUNDAY

**638-6083**

46 Main Street, High Bridge, NJ

Cuts	Manicures	Pedicures
Perms	Make Up	Hi Lites
Nail Tips	Men's Cuts	Waxing

**10% OFF with this coupon**

[www.highbridge.org](http://www.highbridge.org)

## High Bridge Reformed Church

Greetings from the High Bridge Reformed Church!

As the Christmas Season approaches, we have a number of events everyone in the town is invited to attend. Saturday, November 28, at 6:00 p.m. we are holding our annual Thanksgiving Dinner. Pastor Steve will provide turkey, mashed potatoes and gravy. Everyone is asked to bring a dish to share, that is a family favorite casserole, vegetable dish, salad or dessert (the more desserts the better!). Immediately following our Thanksgiving dinner, we will have a special "Hanging of the Greens" service to decorate the church for Christmas. Families, individuals, businesses and community organizations are invited to decorate Christmas Trees for display throughout the season. If you are interested in participating in the Christmas Tree Decorating event, contact Pastor Steve at 638-6160. Participants need only provide the decorations; trees are provided by the church.

Our annual Christmas Bazaar takes place on Saturday, December 5 from 9:00 a.m. until 3 p.m. Tables for those interested in selling crafts, art, gifts or other seasonal goods are invited to call Pastor Steve 638-6160 to arrange for a table. For those with pets, take advantage of our photo opportunity with Santa. Framed photos will be available for \$10.00. Photos with Santa will also be available for children and families.

The High Bridge Reformed Church will have Christmas Trees for sale at 57 Grayrock Road, Clinton, on Saturday, December 5 from 9 a.m. until 3 p.m.

The Christmas Eve Candlelight/Communion Service will begin at 7:30 p.m. December 24.

*Pastor Steve*

## Business Spotlight: Clock Doc's Hour Gallery



Bob Larson, Owner and President of The Clock Doc's Hour Gallery inside his shop.

Thirty years ago, Bob Larson started a small "sideline business" repairing and restoring clocks - just to earn some extra income. At the time Bob never expected his sideline business would become his full-time vocation as it most assuredly did ten years later.

Compared to most modern businesses, having a home-based shop and working daily on clocks anywhere from 10 to 200 years old puts the Clock Doc's Hour Gallery in a very unique category: very little modern technology is utilized in the art of timepiece restoration.

The Clock Doc works on mantel, wall, and grandfather (tall case) clocks, and owner Larson finds nothing more rewarding than bringing someone's family heirloom back to life after it has been tucked away in a closet or attic for years. The positive reactions Bob witnesses from the clock owner seeing his or her clock restored is well worth the hours of intense labor he spends on the refurbishing process. The side benefit for Bob is enjoying the wide variety of unique timepieces as he works on them; most people would never have the opportunity to see these timepieces in their lifetime.



First clock restored by Larson with the help of his friend. It is the family's heirloom that started the business 30 years ago. . .



The above French clock circa 1860 - 1890 was repaired by Bob Larson. Its uniqueness is that the clock is hand-carved out of one solid block of wood.

Since the Clock Doc's Hour Gallery is a one-person, home-based business, hours are by appointment, Monday through Saturday to accommodate customers. House calls are made for large clocks, and the shop is closed when Bob is out. The location is 15 WEST MAIN Street and the phone number is (908) 638-4081.

Along with the repair business comes a natural progression of accumulating clocks for resale, which allows the Clock Doc's Hour Gallery to offer a fair selection of used and antique clocks all of which have been serviced and reconditioned to be sold with a guaranty. Step back in time to experience a business as it was before there was a corporate America.

Call to make an appointment to visit the interesting Clock Doc's Hour Gallery.

## Veterans Day Ceremony

Saturday, November 7  
11 a.m.  
at Veterans Memorial Park

World War I officially ended on June 28, 1919, with the signing of the Treaty of Versailles. The actual fighting between the Allies and Germany, however, had ended seven months earlier with the armistice, which went into effect on the eleventh hour of the eleventh day of the eleventh month in 1918. Armistice Day, as November 11 became known, officially became a holiday in the United States in 1926, and a national holiday 12 years later. On June 1, 1954, the name was changed to Veterans Day to honor all U.S. veterans.

Veterans Day is largely intended to thank living veterans for their service, to acknowledge that their contributions to the United States national security are appreciated, and to underscore the fact that all those who served - not only those who died - have sacrificed and done their duty.

Please join us for a time of remembrance.

*Cultural & Heritage Committee*

\*\*\*\*\*NOW AVAILABLE\*\*\*\*\*

### PAY YOUR TAXES AND UTILITIES THROUGH AUTOMATIC WITHDRAWAL

No more late payments!

No more worrying about paying bills while on vacation!

Go to [www.highbridge.org](http://www.highbridge.org) to print the application.

Mail completed application  
no later than 30 days  
prior to your next due date to:

BOROUGH HALL  
71 Main Street  
High Bridge, NJ 08829  
Attn: Bonnie Fleming

SIGN UP TODAY!

# Union Forge Heritage Association (UFHA)

"Preserving and protecting the rich history of High Bridge NJ....". This is the mission statement of the UFHA and the driving force that guides our Museum and our many projects and initiatives. How we achieve this is by a multi-faceted approach, and the reasons why we tackle this challenging endeavor are as varied as the group of trustees and individuals that volunteer for the cause.

Over the years, many have questioned how the UFHA came to be, what our ultimate goal is, and what we strive to become. At the time the Solitude tract, including Lake Solitude as well as the Solitude House, was being acquired, a private group of citizens lobbied the town and campaigned to establish a museum at the Solitude House. This group eventually became a 501(c)(3) tax-exempt, non-profit corporation and successfully established the Solitude House Museum. A great idea initiated by a handful of people nearly eight years ago, folks who had a love of High Bridge and local history, has blossomed over a short period of time to become the group we are today. Our primary focus is continuing the successful operation of the Museum, but we have grown to become much more with the help and support from so many in the private sector and business communities.

Our other initiatives include the establishment of the Taylor SteelWorkers Historic Greenway, saving Lake Solitude, the restoration of the TISCO Complex structures for proposed community space, the proposed re-use of Springside Farm as a performing arts theatre and conference center, and the proposed Solitude Cultural Center. The UFHA Community Gardeners are in full swing and planning for a bumper crop and expanding gardens in 2010. Visit the Solitude House and learn how you can become involved with all these exciting projects.

Each property is without a doubt unique in its story and challenges that it presents, but each share an interconnected link to High Bridge's colonial past. The seeds for each project have been planted and solid starting points have been proposed. A few would say these projects are too complicated and expensive to execute and are beyond feasibility, but with a little hard work and perseverance, the goals are without doubt obtainable.

The UFHA's approach to "preservation" is somewhat unique, and the Museum has been our test. Rather than create a Museum with roped-off furniture and stage-set rooms, we invite the public to enjoy and explore Solitude House, share stories and ideas, and take part in our many fund-raising events. Our other projects are not designed to be a tax burden, but rather a re-use of the older properties with amazing historic significance that should be enjoyed and most importantly USED by the public. Historic preservation and adaptive re-use are two vital components to each of these properties. "Re-build it, and they will come" is a perfect analogy.

Slowly but surely, the UFHA is starting to make strides in our projects and proposals, and our successes are starting to show. The most vital component to the success of the Taylor Steelworkers Historic Greenway was the completion of the Truss bridge restoration. With enormous efforts by our volunteer groups and donations from local businesses, we are pleased to report that the bridge restoration is now complete. Although the bridge and trail are not yet open, we are working to complete the other trail components, and we will be ready for an early 2010 grand opening. Not only does the trail traverse some of High Bridge's most scenic properties, but it also connects the historic properties for the very first time. We are also anxiously awaiting word from the Historic Trust regarding our grant applications to restore the TISCO office roof and the Solitude House porches. The final draft of our formalized proposal for the Springside Theatre is in the works and will be ready soon for review by the Borough.

The very busy 2009 season at Solitude is winding down and will culminate with our annual Christmas open house. This year, as a benefit to Solitude House, the Hunterdon Radio Theatre will be presenting performances of the holiday classic *It's a Wonderful Life*. Shows are 2 and 7 p.m. December 5 and 2 p.m. December 6. Tickets are \$15 adults and \$10 seniors/children. Call for reservations as we expect a large turnout. All UFHA proceeds benefit the Solitude House Museum and our many projects.

As with the classic story of George Bailey in *It's a Wonderful Life* who eventually finds that everything he wanted in life was in his own home town, so too do we at UFHA. The history of High Bridge offers more than artifacts in display cases and remnants of an old colonial town, but rather it offers a future that is proudly tied to its past by an almost-forgotten history that is coming back to life. High Bridge faces many challenges, but offers so many things that every person can appreciate, and ways that every person can get involved in making their town their home. Talk with any UFHA Board Member about how you can become involved in our little corner of the world, and make High Bridge your version of a Mr. Bailey's Bedford Falls.

See page 14 for before and after photos of the Truss Bridge.

See page 15 for an insert on the production, *It's a Wonderful Life*.

*Michael Gronsky Jr.*  
*President, Union Forge Heritage Association.*

## Truss Bridge Restoration Photos



*The Union Forge Heritage Association (UFHA) and its many volunteers spent several weeks restoring the historic truss bridge for the Taylor SteelWorkers Historic Greenway. The bridge will be dedicated as the **Union Forge Heritage Bridge** next year.*

*For more information, refer to the UFHA article on page 13 of this newsletter.*



Please Join Us For The

# High Bridge Christmas Tree Lighting

**Main Street, 6 p.m.**

**Saturday, December 5, 2009**



**Caroling by the  
High Bridge  
Elementary  
School Choir**

**Refreshments**

**Perhaps Even  
A Visit From Santa!**

Presented By



# Keeping Hearts Healthy is the New Role of Navigator at HMC

According to the American Heart Association, heart disease is the number one killer and stroke is the number three killer of Americans. Cardiovascular disease kills approximately 460,000 women per year, almost one per minute. Thanks to a grant from the Merck Foundation, Hunterdon Medical Center is pleased to announce a new Cardiac Navigation Program designed to provide a patient-focused support system for heart and vascular intervention patients. The point person for this program is Nicole Camporeale, BS, RN, BSN, Heart and Vascular Care Coordinator at Hunterdon Medical Center.



*Nicole Camporeale, Heart and Vascular Care Coordinator at Hunterdon Medical Center takes Sam Carter's blood pressure during a free screening at Hunterdon Medical Center. Mr. Carter resides in Montgomery.*



*Nicole Camporeale*

"This is a new and evolving position that coordinates the resources of the healthcare system and the community to meet the needs of the recovering patient. It enables them to make necessary lifestyle changes, increase their quality of life and decrease the incidence of another cardiac event. I refer patients to outpatient resources such as Cardiac Rehabilitation, Center for Nutrition and Diabetes Management, Hunterdon Wound Healing Center and Hunterdon Medical Center's Sleep Disorders Center to encourage optimal health maintenance," stated Ms. Camporeale. Ms. Camporeale went on to explain, "I communicate with heart and vascular interventional patients while they are in the hospital and after discharge to make sure recovery is progressing, answer any questions about their care, and ensure they follow up with Hunterdon Cardiovascular Associates, primary care physicians and outpatient services for continued disease management."

Ms. Camporeale has been a Registered Nurse for ten years. She holds a Bachelor of Science in Nursing from Seton Hall University in South Orange, NJ. "Part of my job will be to educate the community about heart and vascular disease and prevention. I have coordinated monthly, free screenings at Hunterdon Medical Center and work in conjunction with the Hunterdon County Division of Senior Services performing screenings throughout the county," stated Ms. Camporeale.

For more information about heart and vascular services at the Hunterdon Medical Center, visit our website at [www.hunterdonhealthcare.org](http://www.hunterdonhealthcare.org).

*Kathleen Seelig, MA  
Director of Public Relations, Hunterdon Medical Center*

## *It's a Wonderful Life A Live Radio Play - Solitude House Museum*

*performances . . .*

**December 5 (2:00 & 7:00 p.m.) & December 6 (2:00 p.m.)**

*for tickets and information . . .*

**908.638.3200**



# News & Notes from High Bridge Schools

By all accounts from students, parents, teachers, both the Elementary School and the Middle School opened in a smooth and efficient manner on September 9. With Labor Day being so very late in the calendar delaying our opening until the ninth, everyone was anxious to get back in the school routine. Good energy, great enthusiasm and overall positive vibrations abounded.

Feedback from the parents and school staff indicated the sixth grade "open house" held on September 3 was beneficial in processing the 6<sup>th</sup> grade pupils into their first day and first week at the Middle School.

The Elementary School opened with 257 students and the Middle School with 147 students for a total of 404 pupils. The Middle School enrollment is virtually even with last year; however, the Elementary enrollment is slightly down from the 2008-2009 school year.

## Student Government

HBMS student leadership officers for the 2009-2010 school year are Michael Datuin, President; Madison Conroy, Vice President; Jennifer Hicks, Secretary; and Jesse Ryder, Treasurer.

The HBMS student leadership activities are getting into full swing. Two student spirit days were held in September: (1) "Red, White and Blue" day on September 11, and (2) "Dress as your Twin" day on September 25.

In October "Lend a Hand" Day was held on October 2 and the first school dance was on October 9. Annual Halloween parades were held in both schools on October 30.

## Donations Help Cross Country Teams

High Bridge has had a proud history of excellent cross country teams and runners at both the Middle School and Voorhees High School. The 2009 HBMS team has 42 runners and represents about a third of our total student body. Unfortunately, the boys' cross country team, with 20 runners, has not had running uniforms for several years and the girls' team, with 22 runners, had a uniform inventory that was down to just over a dozen outdated uniforms.

Three community donations solved this problem. By combining donations from the High Bridge High School "Class of 1955" [\$750], the High Bridge PTO [\$500], and a gift from the Skylands Educational Consultant Group [\$495] for a total \$1745, the Middle School was able to purchase and completely pay for new cross country uniforms, without having to use any portion of the limited Middle School athletic budget.

Thanks to donations by the three groups and assistance from several motivated PTO member parents, our "Topper" runners opened the 2009 season with new running uniforms.

The community donations were used in a way that benefited about a third of the student body. A big "THANK YOU" to the Class of 1955, the PTO and Skylands Educational.

\* \* \*

Be sure to visit our updated and user-friendly website at [www.hbschools.org](http://www.hbschools.org) for all the news and notes regarding the High Bridge schools.

*William A. Caldwell, Ed.D.  
Interim Superintendent and  
Principal, High Bridge Middle School*

## Spring Electronics Recycling

Back by popular demand, we will be holding our third town-wide electronics recycling event on Saturday, March 27, 2010 at Union Forge Park.

We will accept any item with a plug that is non-hazardous.

**\*\* New this year\*\***

There will be a \$10 fee per Freon item. This covers the removal and recycling of the Freon from each appliance and providing the necessary recycling certificates. If you are bringing Freon items, please bring exact cash or a check made out to the Borough of High Bridge.

Specific information as to what can be recycled is on our town website: [highbridge.org](http://highbridge.org) under recycling.

Look for more electronic recycling details in the next newsletter.

Questions? Call Lynn Hughes, Project Coordinator at 638-8887.

*Lynn Hughes, Environmental Commission*

## Thank You from C&H Committee

Thank you from the Cultural & Heritage Committee (C&H) to all who supported our summer events: the June Pooch Parade, the summer Movies in the Commons, and the Concert Series. We had good attendance at all events. See you again next year!

# Transfer Station Recycling

## HOURS OF OPERATION

Monday - Friday: 7:00 a.m. to 4:30 p.m.

Saturday: 7:00 a.m. to 1:00 p.m.

## ITEMS ACCEPTED FOR RECYCLING AT THE HUNTERDON COUNTY TRANSFER STATION RECYCLING DEPOT

1. Aluminum cans: Only empty beverage cans will be accepted; *other aluminum items WILL NOT BE ACCEPTED.*
2. Cardboard, chipboard & brown paper bags: Corrugated, chipboard (boxboard) and brown paper bags will be accepted. Cardboard should be tied or placed in another cardboard container (box).
3. Glass bottles and jars: Food and beverage container glass with rings and caps removed will be accepted. All containers **MUST** be emptied and rinsed.

*Cardboard with food or food residue WILL NOT BE ACCEPTED.*

*Cups, drinking glasses, dishes, ovenware, window glass, lead crystal TV tubes, light bulbs, mirrors or any other type of glass product WILL NOT BE ACCEPTED.*

4. Hard-covered books: Hard covered books will be accepted.
5. Junk mail & office paper: Unshredded junk mail and office paper will be accepted. Junk mail and office paper should be tied or placed in a cardboard container (box) or it may be placed in a *clear* bag.

*Shredded junk mail and office paper WILL NOT BE ACCEPTED.*

6. Newspaper: Newspaper tied with string or twine will be accepted. *Newspaper bound in tape or other materials WILL NOT BE ACCEPTED.*
7. Paperback books: Paperback books will be accepted.
8. Plastic bottles # 1-7: Plastic bottles # 1-7 that originally contained liquids are accepted. All containers **MUST** be emptied and rinsed.
9. Telephone books: Telephone books will be accepted.
10. Tin and bi-metal cans: Tin and bi-metal cans will be accepted if all food and other residue has been removed. Labels do not have to be removed.

ALSO SEPARATELY ACCEPTED: Dry cell batteries

*Environmentally, Lynn Hughes  
Chair, High Bridge Environmental Commission*

Lic. # 15599  
Bonded · Insured

Kenneth Pek  
High Bridge, NJ  
(908) 310-7905

**K P**  
ELECTRICAL  
CONTRACTOR

Residential · Commercial  
kpelectric@comcast.net

**A&L POOL**  
Sales & Service

1 VanSycle Pl.  
High Bridge, NJ 08829  
908-638-9339  
Fax 908-638-5097

- Pool openings - winterizing
- Vacation service
- Filters - cleaners- heaters
- Vacuum service
- Custom covers
- Service calls
- Heater repairs
- Power washing

Specializing In  **carlton pools™**  
and SYLVAN-ANTHONY POOLS

## Scarponi-Bright Funeral Home, Inc.

26 Main Street • Lebanon, NJ 08833  
(908) 236-2520

Vincent Scarponi

Manager  
NJ Lic. No. 3334

## Naughtright-Scarponi Funeral Home

66 Main Street • High Bridge, NJ 08829  
(908) 638-6242



## Cregar's Garage

VOLKSWAGEN, HONDA, TOYOTA & AUDI REPAIRS  
BUYING JETTA & GOLFS  
REPAIR & PARTS - ALL MAKES & MODELS  
TOWING & ROAD SERVICES

153 West Main St.  
High Bridge, NJ 08829

908-638-8850  
Fax: 908-638-8596

## Clean Communities Grant

The Clean Communities Program was created in 1986 with funding from taxes levied on the sale of litter-generating products. The Clean Communities Fund was reauthorized in 2002 making all municipalities eligible to receive funding.

High Bridge receives grant money based on yearly recycling tonnage reports. This grant money is restricted and can only be used for litter abatement / awareness items such as: litter and graffiti cleanup and removal, enforcement of local anti-littering laws, purchase of trash receptacles, sponsorship of "adopt a park" and educational programs. The High Bridge Environmental Committee used our 2009 Clean Communities Grant money of \$7,220.52 in the following ways:

- Made donations to the South Branch Watershed Association for their annual Raritan River Clean-Up Day.
- Reimbursed the High Bridge Boy Scouts and Cub Scouts for clean-up supplies for our local Raritan River Clean-Up Day.
- Purchased a cigarette trash receptacle on Main Street by Mrs. Riley's.
- Sponsored an educational assembly for both the High Bridge Elementary and Middle Schools.
- Funded the Electronics Recycling Event.
- Purchased a litter-abatement device for the Commons Park.

*Lynn Hughes, Environmental Commission*



Sponsored by the Cultural  
& Heritage Committee

## GINGERBREAD HOUSE DISPLAY

Saturday, December 5

1:00 p.m.

in front of the High Bridge Library  
(during Cookies with Santa  
at Borough Hall!)

All are invited to add a homemade gingerbread house to help create our annual town gingerbread house display. This is not a contest - just for fun! All houses will be photographed and may be viewed on the town website: [highbridge.org](http://highbridge.org)

You do not have to be an expert at this. It does not have to be real gingerbread!!! Houses may be made out of graham crackers using a cardboard frame covered with icing, or any other creative idea. Display houses should have the name of the group or individual on a small business size card.

Houses may remain on display during the town tree lighting and picked up later that evening.

If you need any additional information, contact [lhughes@highbridge.org](mailto:lhughes@highbridge.org).

## Library News

The summer programs at the High Bridge Library were very well attended and a great time was had by all! Many participants signed up for the county-wide reading program and had a very productive summer reading wonderful books.

Look for other programs during the holidays when you come to the High Bridge Library.

Good luck to all the children in the 2009/2010 school year.

*Miss Terry*



# High Bridge Women's Group

Cookies with Santa -  
December 5, 2009

The High Bridge Women's Group has arranged a visit from Santa once again this year. He'll be at Borough Hall on Saturday, December 5, from 1:00 p.m. until 3:00 p.m. This is a special time to come and visit with Santa in person! Cookies and punch will be served and the children can listen to a story while waiting to see Santa. Bring your own camera for a great photo opportunity or you can purchase a Polaroid photo for a small fee.



## Santa's Mailbox

The Women's Group will also be helping Santa with some of his holiday chores. Santa's mailbox will be in front of Borough Hall from the Saturday after Thanksgiving until December 18. Any letter to Santa received that has a return address will receive a handwritten response from Santa before Christmas.

## General News

Our group is celebrating three decades of incorporation, and we are pleased to continue to serve and support the Borough residents and other civic groups. You'll always see our members at Community Day, the Halloween Parade, and the Easter Egg hunt; we're there to assist. You cannot find a more homey location to visit that jolly old elf than at our own "Cookies with Santa." These events are some of the ways we serve the community.

Our meetings are on the fourth Tuesday of each month at Borough Hall at 7:30 p.m. Please come and join us or call Chris Marx for information 638-4146.

FITZGERALD  
ARCHITECTURE  
STUDIO

HELPING MAKE YOUR  
HOUSE YOUR HOME

In a culture of manufactured mansions, Fitzgerald Architecture Studio has continually created architecture of extraordinary quality. Working with our clients to cultivate their vision, to foster distinctiveness in their dwelling, and to promote inspiration in the place they call home.

67 Main Street, High Bridge, NJ 08829  
908-638-4848  
info@fitzgeraldstudios.com



## 29 YEARS WITH WEICHERT REALTORS!!! HIGH BRIDGE RESIDENT FOR OVER 40 YEARS FULL-TIME AGENT

I'D APPRECIATE THE OPPORTUNITY TO TALK WITH YOU AND GET YOU ANSWERS TO QUESTIONS YOU MAY HAVE ABOUT LOCAL REAL ESTATE CONDITIONS, THE BUYING AND SELLING PROCESS, RULES AND REGULATIONS, INSPECTIONS, AND FINANCING.



Joyce Lindabery  
Sales Representative  
WEICHERT REALTORS — CLINTON OFFICE  
Office 908-735-8140 x150  
Cell 908-391-0202

All Real Estate Companies are not the same.



# Emergency Management

Winter storms are considered deceptive killers as most deaths are indirectly related to the storm. Prepare for the real possibility of extended power outages! Keep a watchful eye on elderly neighbors.

- Automobile or other transportation accidents: This is the leading cause of death during winter storms.
- Exhaustion and heart attacks: Caused by overexertion, these are the two most likely causes of winter storm-related deaths.
- Hypothermia and asphyxiation: Elderly people account for the largest percentage of hypothermia victims. Many older Americans literally freeze to death in their own homes after being exposed to dangerously cold indoor temperatures, or they are asphyxiated because of improper use of fuels such as charcoal briquettes, which produce carbon monoxide.
- House fires: These occur more frequently in the winter because of the lack of proper safety precautions when using alternate heating sources (unattended fires, disposal of ashes too soon, improperly placed space heaters, etc.). Fire during winter storms presents a great danger because water supplies may freeze, and it may be difficult for firefighting equipment to get to the fire.

## HEAVY SNOW

Accumulations of snow can cause roofs to collapse and knock down trees and power lines. Homes may be isolated for days and unprotected pets may be lost. The cost of removing snow and repairing damage and the resulting loss of business can have severe economic impacts on towns.

## ICE

Heavy accumulations of ice can disrupt communications and power for days while utility companies repair extensive damage.

## WINTER FLOODING

Winter storms can generate flooding, resulting in significant damage and loss of life.

- Ice jams: Long cold spells can cause rivers and lakes to freeze. A rise in the water level or a thaw breaks the ice into large chunks that become jammed at man-made and natural obstructions. An ice jam can act as a dam, resulting in severe flooding.

## COLD

The key steps in winter storm preparedness are:

- Preparing your home with insulation, caulking, and weather stripping. Learn how to keep pipes from freezing and how to thaw frozen pipes. Have your heating systems serviced and their flue pipes checked

for obstructions each year and install and test smoke alarms on all levels of your home.

- Keeping your car's gas tank full for emergency use and keeping the fuel line from freezing.
- Paying attention to warnings. Use a National Oceanic and Atmospheric Administration (NOAA) weather radio with a tone-alert feature or listen to local radio or television for emergency broadcasts.
- Conserving fuel. Great demand may be placed on electric, gas, and other fuel distribution systems (fuel oil, propane, etc.). Suppliers may not be able to replenish depleted supplies during severe weather. Lower the thermostat to 65 degrees Fahrenheit during the day and 55 degrees at night. Close off unused rooms, stuff towels or rags in cracks under doors, and cover windows at night.

Take measures to protect yourself if you must drive during a winter storm:

- Winterize your car before the winter storm season. Have a mechanic check your car's systems and install good winter tires with adequate tread. Keep snow and ice removal equipment in the car.
- Keep a cell phone or two-way radio with you when traveling in winter weather. Make sure that the batteries are charged.
- Keep a blanket and some warm clothing in the car in case you breakdown and are stranded for hours.
- Keep a disaster supply kit in the trunk of each car used by household members.
- Plan long trips carefully and notify someone of your destination, route and expected time of arrival.
- If you get stuck, stay with the vehicle, display a trouble sign, and occasionally run the engine to keep warm, keeping the exhaust pipe clear of snow and a downwind window open slightly for ventilation. Use available material, such as newspapers, maps, and removable car mats for added insulation. Avoid overexertion, drink fluids, and watch for signs of frostbite and hypothermia.

*Your Local Emergency Management Committee,  
Joe Trilone, Coordinator*

\* \* \*

*Have a Healthy and  
Safe Holiday Season!*

# High Bridge Business Association (HBBA)



**THE HBBA WISHES  
EVERYONE A HAPPY  
AND HEALTHY HOLIDAY  
SEASON.**



We're completing our third year of making a positive impact on High Bridge and our member businesses. To find out more about what the HBBA can do for your business and what you can do for the High Bridge business community, visit [www.hbbusiness.org/benefits.htm](http://www.hbbusiness.org/benefits.htm).

### High Bridge Happenings

Do you receive your FREE issue of High Bridge Happenings each month? HB Happenings is a non-political, monthly e-letter from the HBBA that helps keep you informed of what's going on in town. To sign up, visit <http://hbbusiness.org/HappeningsSignUp.htm>.

### Upcoming Events

Christmas Tree Lighting, December 5, 2009 (see page 14).

Soap Box Derby, June 2010 (Start designing your cars!).

*Joe Dispenza  
President, HBBA*

## **Weichert, Realtors<sup>®</sup>**

### ***The Best Move You Can Make!***

**When the only home that matters is your own, call Eileen Wallace. Buying or selling a home can be stressful and time consuming. Let Eileen work hard for you so you don't have to.**

**Eileen M. Wallace**

**Broker/Sales Representative**

**WEICHERT, REALTORS - CLINTON OFFICE**

- 20 Years Local Real Estate Experience
- Certified Residential Specialist
- Broker/Sales Associate

**NJ Association of Realtors Distinguished Service Award**

908-735-8140 (Office) \* 908-638-5371 (Home)

908-334-8665 (Cell)

[eileenwallace@weichert.com](mailto:eileenwallace@weichert.com)



**CALL EILEEN WALLACE TODAY!**





No matter where you are in life, our full circle of care  
**IS HERE FOR YOU.**

**No matter what age. No matter what your healthcare need. Our doctors are here to help you stay healthy. We accept all major insurances. Evening and weekend hours are available.**

**BRANCHBURG**

Branchburg Family Health Center  
 908-369-8871

**CLINTON**

Riverfield Family Health Center  
 908-735-4645

Hunterdon Pediatric Associates  
 908-735-3960

**FLEMINGTON**

Hunterdon Pediatric Associates—Sand Hill  
 908-782-6700

Hunterdon Pediatric Associates—Reading Ridge  
 908-788-6070

Cornerstone Family Practice  
 908-788-8220

Hunterdon Family Medicine  
 908-788-6161

**HAMPTON**

Highlands Family Health Center  
 908-735-2594

Charlestown Family Health Center  
 908-537-2152

**HOPEWELL**

Hopewell Family Practice  
 609-466-1101

**LAMBERTVILLE**

Phillips Barber Family Health Center  
 609-397-3535

**MILFORD**

Delaware Valley Family Health Center  
 908-995-2251

**WASHINGTON**

Charlestown Family Health Center  
 908-689-3200

**WHITEHOUSE STATION**

Hunterdon Pediatric Associates  
 908-823-1100



[www.hunterdonhealthcare.org](http://www.hunterdonhealthcare.org)



# 2010 Registration

[www.hbyouthbasketball.com](http://www.hbyouthbasketball.com)

**REGISTRATION DEADLINE: NOVEMBER 21, 2009**

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
Email

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Birthday

\_\_\_\_\_  
Grade

\_\_\_\_\_  
School Attending

\_\_\_\_\_  
Age This Fall

\_\_\_\_\_  
Height (inches)

\_\_\_\_\_  
Weight (lbs.)

Male       Female

\_\_\_\_\_  
Basketball Experience (years)       Played in HBYB in 2009      \_\_\_\_\_  
Special Considerations, i.e. allergies, medications, etc.

High Bridge Youth Basketball is open to all boys and girls residing in any town. To ensure a successful Draft, please return form(s) no later than November 21, 2009.

**The grade requirements for the league divisions are as follows:**

- Peewees – Kindergarten or 5 years of age as of fall 2009; and First Graders
- Juniors – Grades Second and Third (**Skills Assessment - Friday, December 4, 2009 at 6:30 High Bridge Elementary School**)
- Intermediates – Grades Four and Five (**Skills Assessment - Friday, December 4, 2009 at 6:30 High Bridge Middle School**)
- Senior - Grades Six, Seven, and Eight (**Skills Assessment - Saturday, December 5, 2009 at 9:00 a.m. High Bridge Middle School**)

**NOTE: The first games start on January 2, 2010. Coaches will call with the playing time.**

If two or more siblings are in the same Division, do you want them on the same team? (Y/N) \_\_\_\_\_

**CONSENT AND RELEASE**

I, the parent or legal guardian of said individual, who is in good physical health & has no abnormalities, hereby give my consent to play in the High Bridge Youth Basketball League, and agree to release, indemnify, and hold harmless league officials, coaches, and representatives from any claim arising out of injury to the above named individual.

Date \_\_\_\_\_ Signature \_\_\_\_\_

**We need Volunteers:** HEAD COACH \_\_\_\_\_ ASST. COACH \_\_\_\_\_ REFEREE \_\_\_\_\_ OTHER \_\_\_\_\_

All coaches are required to take a criminal background check.  
We are also interested in parents as referees for our Junior and Intermediate Divisions.

**PLEASE MAKE SURE THE SHIRT SIZE IS CORRECT  
CIRCLE SHIRT SIZE**

[S-6/8] [M-10/12] [L-14/16]      [S-32/34] [M-36/38] [L-40/42] [XL-42-44] [XXL-46]  
\_\_\_\_\_  
**YOUTH**      \_\_\_\_\_  
**ADULT**

Registration Fee \$90 - Registration must be accompanied by a check (\*NOTE: If you are registering more than two children, the cost is \$180 for the 2 children plus \$10 for each additional child.) For Assistance in making payment or any questions, please call Sean Reilly at (908) 638-5743

**Make Checks Payable to:  
HIGH BRIDGE YOUTH BASKETBALL  
P.O. Box 268  
High Bridge, NJ 08829**

# Dog License Information

Dog license renewals done after July 1, 2010 will have a late fee assessed of \$10.00 and \$5.00 per month thereafter.

**DOG LICENSES ARE MANDATORY** for all dogs six (6) months of age or more. At present, we are not mandating licenses for cats. In order to be licensed, a dog must have a current rabies vaccination that does not expire during the term of the license. Since our licensing year runs from January 1 through December, this means that the vaccination cannot expire during the year. To take advantage of the lower fee offered to spayed/neutered dogs, proof of the animal having been spayed or neutered must be presented. If such proof is not available, an Affidavit may be obtained from the Municipal Clerk's Office. If you have previously licensed your dog in High Bridge wherein the spay/neuter proof has already been supplied, it is not necessary to resubmit same with each renewal of your dog's license. However, proof must be presented if requested.

**NOTICE:** Dogs **MUST** be licensed in the name of an adult at least 18 years of age or more. Failure to license a dog will result in the issuance of a Court Summons which can be issued either against the legal owner of an unlicensed dog or one of the legal heads of household where the dog resides. In other words, even if a dog belongs to your son/daughter or other young adult residing in your household, you remain responsible as being the person "harboring" the animal.

Complete and mail the form below with your check to license your dog. Mail your check payable to "High Bridge Dog Fund" to the Borough Hall, 71 Main Street, High Bridge, NJ 08829. The fees for 2010 are as follows: spayed/neutered dogs \$11.20; unaltered dogs, \$14.20.

*Diane Seals, Clerk*

**2010 DOG LICENSE APPLICATION FORM**  
*(enclose proof of current rabies vaccination & proof of spay/neuter)*

OWNER'S NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
TELEPHONE: \_\_\_\_\_  
DESCRIPTION OF DOG:  
SEX: \_\_\_\_\_ BREED\*: \_\_\_\_\_ AGE: \_\_\_\_\_  
\* If mixed breed, denote most descriptive type: i.e., Shepherd/Husky Mix  
DOG'S NAME: \_\_\_\_\_ HAIR LENGTH: S M L  
DOG'S SIZE (when adult): \_\_\_\_\_ Small = 0-20 lbs., Medium = 21-50 lbs.,  
Large = 51-100 lbs., Giant = 100+ lbs.  
COLOR & MARKINGS: \_\_\_\_\_  
Address at which dog will be kept, if different from above:  
\_\_\_\_\_

**REMEMBER TO BE RESPONSIBLE DOG OWNERS - THE LAW REQUIRES THAT  
YOU PICK UP AFTER YOUR DOG.**

**Stephen G. Iselin**

**Computer and Networking Services  
Phone and Cable Wiring  
Affordable Service!**



On Site Services  
Annual Maintenance Contracts  
24/7 Support

Phone: 848-391-2901  
E-mail: Steveiselin@gmail.com



**Canine Companion PLUS**  
*loving care for your pets &  
home when they are alone*

**Pat Rinderle** 908.347.3808  
Owner/Provider  
pat@caninecompanionplus.com

proudly serving  
High Bridge and  
surrounding areas



- » pet sitting in your home
- » large & small animals
- » scheduled, daily walks / feeding / company
- » short term & long term
- » overnight stays
- » house sitting
- » certified pet massage therapist
- » bonded & insured

# Girl Scouts

Many High Bridge troops are just starting to plan their year of activities and community service. Here are a few highlights for some of our local troops.

**Destinations:** Stephanie Fortier, a member of Ambassador Troop 231, traveled to Costa Rica this summer on a Girl Scout Destination. Destinations are special travel programs arranged by Girl Scouts USA for older Girl Scouts. Stephanie needed to fill out an application, write an essay and get two written references in order to apply. Each Destination chooses the Scouts they will accept. While in Costa Rica, she backpacked through the rain forest, rappelled down a waterfall and went white-water rafting. She had the opportunity to live with Costa Rican families at home stays where she learned about banana farming. She also spent the day in San Jose shopping in the markets.

Cadette Troop #80243 will be busy working on their Silver Award projects this year. The scouts have chosen projects that not only serve our community but meet their area of special interest as well. Here are the summaries of their projects.

**Free High Bridge Boutique:** Jessi Stover and Leanne Bellouny will be collecting gently-used clothes, dinner dance dresses, DVD's, and video games for a free High Bridge boutique called "Recycled Fashion" open to all High Bridge residents. Donations are currently being collected at 5 Berrywood Lane and 39 Valley View Road.

**NJAA Observatory:** Susie Indyk will be working with NJ AA at the Observatory on various improvement and spruce-up projects that they require to make the building and rooms more visitor friendly.

**Woodlands Wildlife Refuge:** Danielle Brodean will be collecting dog food and other supplies for Woodlands Wildlife Refuge.

**Hunterdon County SPCA:** Tori Terribile & Kayla Taylor will be helping the Hunterdon County SPCA by collecting needed items for the Hunterdon Humane Animal Shelter. They will also be organizing a day for community volunteers to do general maintenance and cleanup (painting, repairs, etc.).

Each girl will be putting in 40 hours toward their project, in addition to regular community service, leadership hours, Girl Scout badges and (of course) fun.

If you would like more information, please contact Leaders Linda Brodean (638-5088) or Cathie Terribile (638-4764).

**New Daisy Troop** - Daisy Troop #80091 has started under the leadership of Kelly Lynch and Michelle Angley. There are currently 10 members of this Kindergarten troop. Tara Riordan has also signed on as another leader. Keep an eye out for these young scouts as they venture into the exciting and rewarding experiences of Girl Scouts.

If your daughter is in grades K-5, is interested in becoming a Girl Scout, and is not currently registered in a troop, contact me at (908) 638-5433.

*Leigh Ann Russell*  
High Bridge Girl Scout Organizer

## Pilates Classes

Pilates ~ a mind-body practice designed to strengthen the core muscles, ease back pain and improve posture and flexibility.

Learn how to enhance breathing and increase your sense of wellbeing. Beginner and intermediate classes for all fitness levels.

Strength.

Length.



## ZUMBA Classes

nancy@highbridgepilates.com  
40 Church Street, High Bridge 08829  
(in the High Bridge United Methodist Church)

**732.261.7722**

For a complete listing of classes, visit [www.highbridgepilates.com](http://www.highbridgepilates.com).

## Yoga Classes

Hatha and Anusara  
yoga classes ~

For those looking to experience  
yoga in a relaxed setting.

A non-threatening  
environment that is ideal for  
beginners and all students seeking  
an inner journey.

Peace.

Breath.

# Who Is This Buddy Adler Anyway?

Folks often ask, "Who is this Buddy Adler that writes for the newsletter anyway?" The response is that he was kind of the 'small town guy who made it big.' Well, Buddy Adler did make it big. He left High Bridge. . . And as you've always heard, "You can take the boy out of the town, but you can't take the town out of the boy!" - not if the town is High Bridge, NJ!



Arthur "Buddy" Adler

Aside from being someone that has always felt very fortunate to have grown up in a small country town in America like High Bridge, New Jersey, Arthur Adler or "Buddy" as he is affectionately referred to, has quite a history.

For those of us that did not grow up in High Bridge, we thought it fitting to let you know who Buddy Adler is and why he writes his "I Remember When..." column for this newsletter. For those of

you who did grow up in High Bridge and have the distinct pleasure of knowing Buddy, this will only be a refresher of his accomplished life thus far!

As a precaution, please know that when one first picks up the newsletter and starts reading, we have to be reminded that this newsletter is for all of the residents of High Bridge - current and former; young and not so young. In that regard, there are those of us who may 'remember when' and those of us that do not 'remember when.' However, it is the past that gives us the present and affords us the foundation for our future.

Buddy is a 60-plus-year former member of the High Bridge United Methodist Church and a current member of the High Bridge Reformed Church. He is an active member of the Host Masonic Lodge #6 and has been a member since 1970. Buddy is also a member of the Herbert Cawley American Legion Post (for longer than even Buddy cares to remember). This Post is named in honor of Herbert Cawley, brother-in-law of Dot Cawley who is now 102 years old.

Buddy has a brick in the Chat Hoffman Veterans Memorial Park and is a member of the High Bridge High School Alumni Association; he attempts to come back to High Bridge for each and every reunion! Buddy is also a member of the Union Forge Heritage Association.

Annually Buddy presents U.S. Savings Bonds to two High Bridge 8<sup>th</sup> grade graduating students in loving memory of his parents, Ethel Ann and Arthur L. Adler; June 2009 was the 42<sup>nd</sup> consecutive year of such a presentation.

Buddy was the original benefactor of "Over The Rainbow Children's Wish Foundation, Inc." (OTRCWFI) (formerly The Heather Templeton Children's Wish Fund), and served as founder, principal fundraiser, and Chairman of the Board with long-standing Board Members: The Rev. Thomas Wm. Higgins, Charles Hoffman of Florida, and the late James Drautman. Throughout its existence, the OTRCWFI benefited children suffering from catastrophic diseases or illnesses, and it granted 138 children special wishes from \$500 to \$1,000. These children were from High Bridge, throughout Hunterdon County, and Brevard County, Florida and even from Orange County, California (from funds raised while Buddy was there). Closing its doors after 27 years of

operation, the OTRCWFI disbursed the remaining proceeds raised in Hunterdon County to the High Bridge Reformed Church, St. Joseph's Catholic Church, the High Bridge Emergency Squad, and the House of New Beginnings in Flemington.

Buddy is also the sole and founding benefactor of "The Angel Award Foundation," which is an ongoing foundation. The foundation presents those selected a beautiful, heavy glass, engraved award with a small check and a letter to those who have served their community, fellow human beings, and or/church in some profound manner. To date 15 of those awards have been granted, and one of them to The Rev. Thomas Wm. Higgins.

Some proud highlights of Buddy's life are being a Christian, serving as the President of the High Bridge High School Senior Class, the class of 1951; serving in the Armed Forces and becoming a Military Veteran overseas; serving in various positions such as the Jaycees State Vice President; Junior Chamber National Director; and the Junior Chamber International Senator #6919. Budd is also a builder/launcher of Level 3 hobby rockets. Additionally Buddy was listed in the 5000 Outstanding Young Men of America, was a Union member and participated in character and voice-over artistry in the Screen Actors' Guild, the Federation of Television and Radio Artists, and the Actors' Equity Association. Buddy was a Purchasing Agent for Kraft Foods (Metro Glass Division) and a Senior Contract Administrator for The Walt Disney Organization.

Buddy is an entertainer and writer, pantomime artist, Masonic Past Master and has held other titles as well. Buddy is pro Founding Fathers, pro Constitution of the United States of America, pro Military, and avid political emailer.

Buddy portrayed the lead role as Herod, the Great in the world-famous *Glory of Christmas* and Joseph of Arimathea in the *Glory of East* for 13 years completing 1,538 consecutive performances. Both of these productions were presented and staged at The Crystal Cathedral in California.

In a humanitarian effort, Buddy, saved Walter Elias Disney's Famous Old Garage and Buddy, along with former Congressman Robert K. Dornan, lobbied for a "Single Day of Recognition" for the late Walter Elias Disney (on December 5, Walter Elias Disney's birthday); this legislation was signed into law by President Reagan in 1989. It was a national "Single Day of Recognition" in 1989 only and not an annual national holiday.

Now Buddy emails and mails copies of his "I Remember When" articles to friends who are bona fide former residents of High Bridge.

\* \* \*

Buddy is and continues to be an inspiration to all through his writings. It is with great pleasure that we sit back and read about the days of yesteryear here in High Bridge. Yes, they were different days, different ways, in different times. But the small Borough of High Bridge has a quality of character that is ingrained in its history carrying through the past to the present. And to paraphrase what it's currently like living in High Bridge, "Everybody knows your business but they also care about you throughout your lifetime or theirs."

Thank you, Mr. Adler!

Note: This article was in part extrapolated from the "I Remember When..." series submissions.

## Wildlife Habitat Project

Please help us to meet our goal! We are looking to be named a wildlife-friendly community. Becoming a Wildlife Certified Community will help us in our quest to become one of the first towns in NJ to be certified by the Sustainable NJ Organization. This certification would then allow our town to receive priority for future state grants.

To achieve this recognition, we need 100 homes and 2 public places to be certified. Thanks to all of you who have certified your Backyard Wildlife Habitats. So far we have 25 homes, 1 school, and 1 Borough-owned property certified. Most homes in High Bridge already have the necessary elements. Please take a few moments to check out the application at the website listed. The National Wildlife Federation (NWF) application (which also lists the specific requirements) can be found at: <https://secure.nwf.org/backyardwildlifehabitat/certify/page1.cfm>.

The National Wildlife Federation's requirements for certification are fairly basic, and it is likely that many of you have some of the components already in place.

The four basic elements of a backyard wildlife habitat are Food, Water, Cover, and Places for Wildlife to Raise Their Young.

The Food element can include plants that provide nectar, pollen, sap, seeds or berries as well as feeders. You need a minimum of three Food sources for your yard to qualify as a Wildlife Habitat.

The Water element can include, among others, a pond, stream, wetland, water garden or a birdbath. Your backyard needs one Water element to qualify.

The Cover and Places for Wildlife to Raise Their Young elements often overlap and can include shrubs, woodpiles, stone walls, a water garden, as well as nesting boxes, wooded areas and evergreens. You need at least two of these for certification.

Additionally, the NWF wants to ensure that we are all utilizing Sustainable Gardening Practices. These include the elimination of chemical pesticides and chemical fertilizers, utilizing mulch, composting, removing invasive plants, restoring native plants, reducing lawn areas and reducing erosion. A minimum of two Sustainable Gardening Practices is required.

More information can be found at: <http://www.nwf.org/backyard/>. Address any other wildlife habitat questions to: [lhughes@highbridge.org](mailto:lhughes@highbridge.org).

*Environmentally, Lynn Hughes  
Chair, High Bridge Environmental Commission*

## "Caught Being Green"

The Environmental Committee is looking for environmentally responsible residents. Please submit the name and the environmental action of any High Bridge resident you have observed going out of their way to be environmentally responsible. The environmental committee will vote on one person each year to receive our annual Green Award. Nominations should be sent to [lhughes@highbridge.org](mailto:lhughes@highbridge.org).

*Environmentally, Lynn Hughes  
Chair, High Bridge Environmental Commission*

## Senior Corner

### FLU SEASON

As you probably know, there are two kinds of flu to deal with this year: the seasonal flu and the swine flu. The seasonal flu is the flu we have known for years. It poses the greatest health threat to people age 65 and older. If you have not received your flu shot yet, get it as soon as possible (Medicare B pays for it). Although this does not protect you against the swine flu, it seems that the risk for the 65 and older group is less than that of the younger ones. It is still recommended that you get the swine flu vaccine when it becomes available for Seniors.

### HEALTH SCREENING

The last health screening of the year will be held on November 5, 2009 at the ESC School, 1422 Route 179 in Lambertville. If you have not gone to any of the earlier screenings, take advantage of this opportunity to have a number of health checks done - free of charge (donations are accepted). Call Eleanor at 908-782-7224 to sign up.

### MEDICARE

You are not automatically enrolled in Medicare when you turn age 65. You must enroll in the period starting three months before the month of your birthday, and no later than three months after the month of your birthday. If you miss enrollment during this period, you have to wait until the next general enrollment and possibly face a penalty. If you need help, please call 908-788-1361.

### HUNTERDON HELPLINE

This 24-hour service offers free Friendly Visitor and Telephone Reassurance Programs. Friendly visitors volunteer one hour a week to visit a Senior in need of company. Through the Telephone Reassurance Program, a Senior is called between 8:00 a.m. and 8:30 p.m. to see if he/she is okay. For further information, call 1-800-272-4630.

### INDOOR ACTIVITIES

Now that the colder weather is here, the Senior Center at 4 Gauntt Place in Flemington offers a lot of activities to choose from, e.g., creative writing, scrapbooking, viewing movie classics on a large screen, computer, social, etc. Call 908-788-1359 to see which day any of these or other activities are scheduled.

*Fred Loozen*

### **HUNTERDON BUSINESS SERVICES, LLC MARKETING FOR NEW BUSINESSES**

**START-UPS \* PRODUCT LAUNCHES**

***Customized Cost-Effective Packages***

**mix & match within your budget**

**We offer websites plus everything else for your start-up!**

**High Bridge**

**908-638-1166**

BOROUGH OF HIGH BRIDGE  
71 MAIN STREET  
HIGH BRIDGE, NJ 08829

BULK RATE  
U.S. POSTAGE  
PAID  
PERMIT No. 1  
HIGH BRIDGE, NJ

RESIDENT  
HIGH BRIDGE, NJ

## THE BRIDGE

NEXT ISSUE PRODUCTION SCHEDULE

Months Covered: February, March & April  
Deadlines ~ Ads: December 22, 2009 ~ Articles: January 5, 2010

Ads and articles received after the deadlines may be held for the next issue. All submissions are subject to editing.

*The Bridge* is published four times a year by the High Bridge Borough Council, 71 Main Street, High Bridge, NJ 08829, and is distributed to the residents of High Bridge.

For advertising rate and payment information, contact Jennifer Harrington, 638-6455, Ext. 24, or email [jjacobus@highbridge.org](mailto:jjacobus@highbridge.org).  
For ad copy layout, design and production information, contact Patricia Birchenough, 638-1166, or email [TheBridge@HunterdonBiz.com](mailto:TheBridge@HunterdonBiz.com).

## Dates to Remember

**November 11: Veterans Day Ceremony: 11:00 a.m.**

**December 5: Cookies with Santa and Gingerbread Displays: 1-3 p.m.**

**December 5: Live Radio Production of "It's a Wonderful Life" at 2:00 and 7:00 p.m.**

**December 5: Tree Lighting 6:00 p.m.**

**December 6: Live Radio Production of "It's a Wonderful Life" at 2:00 p.m.**

**Garbage & Recycling Pickup: December 24 instead of December 25**  
**Garbage Pickup: December 31 instead of January 1**